

Kineton Manor Nursing Home

April 2024 Newsletter



A Message from Matron

It is so lovely to have the lighter days with us again, and now that summer is nearly here with longer days, we can look forward to our residents spending time in the garden.

At the end of 2023 I celebrated 20 years as the manager of Kineton Manor Nursing Home. In all these years it has been an honour to work with older people of a specific generation. It is a generation which has wonderful wealth of knowledge and they have experienced so much in their lives. We, as carers have had the opportunity to share these interesting memories with them.

I have had the privilege to look after medical doctors, writers, scientists, engineers, artists, residents with PhDs, language experts, farmers, teachers, nurses and housewives – and at one stage we even had a celebrity amongst us!

Our residents have usually been extremely thankful to us, showed us respect and do not wish to cause us any trouble, and they have treated us with dignity and respect. This is the reason that I am still the manager, as I still really love the work. However, without the relatives who support us and our dedicated team of staff, we are unable to provide the care we must deliver. We depend on you to tell us when we are not doing well.



I have always said “Please do not walk out of the front door if you are feeling unhappy”. If you are unable to find a nurse, myself or Dybien, please just ask at Reception and arrange for me to telephone you.

I hope you enjoy this newsletter.

Paula du Rand.

Building Work

We have exciting plans for the future! The two rooms we are in the process of building will replace two rooms which will be converted into a conservatory. This will provide a much-needed larger area so all our residents can join together for activities. We will also change the parking area to make it more effective. I am sure this will please everyone as we know that parking has been an issue for a long time. Please bear with us during the inevitable disruptions.

Staff News

Unfortunately, we had to say goodbye to Kamran who has relocated to America prior to getting married to his future wife who is studying medicine there. We miss him and wish him all the best. We also wish our administrator Anu good luck in her new job at the hospital in Banbury, where she has recently moved.

Fortunately, we welcome Jijo and his wife Ridhu as well as Joseph. We hope they will be very happy working at Kineton Manor.

Birthdays

We always like to make birthdays special at Kineton Manor. Last year we celebrated Vera Shepherd's 100th birthday and we are looking forward to celebrating Dick Skepper's this year. We love to celebrate birthdays with our residents and their family. It is another year of life.

We would like to remind families that should you wish to book the small lounge to host a party for your loved one, do please let us know and we can check to make sure the room is free for you. The lounge can of course be used for any special occasion you might like to celebrate, for example a wedding anniversary.



Famileo

We would like to remind you of the service we provide called Famileo. If you are new to Kineton Manor, Jenny will be emailing you with the details (including a unique access code) shortly. If you have forgotten your code, please ask Jenny who will email it to you.

Our residents love to receive their fortnightly gazettes. Do please spread the word (and the

access code) with as many family members and friends as possible. It is something particularly suited to the younger generation, who perhaps are not able to visit as regularly but who take lots of photographs and have plenty of news to tell their grandparents / great grandparents.

Some of our residents have families who live abroad and are unable to visit as often, so it can be a huge source of comfort to those residents in this position.

We find that older photographs can be a great help for families with reminiscing. If you haven't tried it yet, please do! The carers can help the residents to read it, if they are not able to do so themselves.

Please note that there is an ability for a family member to "hide" their posts from other family members if they so wish, so that only the resident sees it.



Students

Kineton Manor accommodates students from De Montfort and Coventry Universities. The residents really enjoy the students. They have more time because they are not part of the workforce. We have received very good feedback from them and their tutors and our mission is to encourage more young people and registered nurses to work in social care.



Activities

The Activities Team are constantly busy organising a variety of past times for our residents to take part in.

Recently there has been : musical entertainment from visiting professionals, baking, flower arranging and exercises.



Mothering Sunday

We recently celebrated Mothering Sunday and it was lovely to see so many visitors and the smiles on our residents' faces!



Spotlight on Staff

Dybien Martelino

Our Deputy Manager Dybien is excelling in her professional career. She relocated to England from the Philippines in 2010, where she was already a qualified nurse.

She began working for Kineton Manor firstly as a Senior Carer and she was then promoted to Lead Carer.

In 2016 Dybien left our employment to train as a nurse in Gloucester where she obtained her UK PIN meaning she was then able to practice as a nurse in the UK. During her time away, I kept in touch with her and eventually successfully head hunted her back to us. She returned to Kineton Manor as a Registered Nurse in 2021 and shortly afterwards she became the Deputy Manager.

Dybien's passion is our residents, and she also knows the importance of treating the staff just as well as our residents.

Dybien is very involved with the weekly Doctors round and oversees the quality of care given to the residents to ensure that it is always a very high standard.

In Dybien's spare time she loves to spend time with her family. Her daughter Lexie is ten years old and her husband Jun works as a night carer for us and they live in the village. They are currently looking to buy their first home in the village. Her nickname in the nursing home is "Mrs Charming".



Nicoletta (Nicky) Teocan

Originally from Romania, Nicky started working at Kineton Manor in 2015. She was promoted to Senior Carer and from 2021 she became our Lead Carer. Nicky looks after the residents with a passion and is extremely caring. She has a special and beautiful gift, whereby she can make calm the most anxious of residents. She appears to make them “melt” and become very peaceful.

Like Dybien, Nicky realises that staff need a lot of support to look after our residents and she helps and guides them to ensure the residents receive the best possible care.

As well as her role as Lead Carer, Nicky is also responsible for LSD (Love, Stimulation and Dignity) which is where love and stimulation is given to those residents nursed in bed.

Nicky lives locally with Chris, who is one of our Heads of Floor. He has worked for us for five years.

In her spare time, Nicky loves baking and cooking. She has occasionally helped us out by standing in for our regular cooks in the kitchen to cover holidays. She sometimes makes us a wonderful, creamy, raspberry dessert which is Romanian delicacy. Nicky’s nickname is “Mrs Perfect!”!



Research

Kineton Manor always likes to take part in research projects. Recently we have been involved with a study regarding pain medication for older people.

Matron has been involved with a steering committee for a study that deals with ReSPECT forms.

A study was also conducted to measure emergency care for older people with frailty. One of the outcomes was that these patients main concerns was losing their autonomy and feeling unsafe. The research teams made recommendations to improve person centred care for frail people in the accident and emergency department.

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Clothes and Toiletries

Thank you to those relatives that regularly stock up their loved one's bathroom cabinets and a gentle reminder please to those who have not done so lately. Please do not hesitate to contact us to find out what they need. Please also remember razors (for both the ladies and gentlemen) and either denture tabs or a new toothbrush and some toothpaste.

For the summer can you please provide a sun hat for those residents who are able to enjoy the beautiful summer sunshine whilst sitting in the garden? Sun cream would also be appreciated.

Please can you also check whether shoes and slippers are still providing good support as ill-fitting shoes can be very dangerous due to high risk of falling.

Goodbye and Goodluck

We recently said a fond farewell to Heidi Williams who has for many years, been the Older People's Community Nurse based at Hastings House Surgery in Wellesbourne. Many of her older patients have become residents with us over the years and Heidi has always loved to stay in touch with them and visit them here.

Her successor is Emma Bullingham who also works as our frailty nurse from Hastings House. We wish Emma well with her additional role as Older People's Community Nurse and we are very pleased that she will be undertaking both roles.

